# **D1-9.** The Pandemic's Impact on the Future of Healthcare Design

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Wednesday, October 27, 2021 10:30 am – 11:45 am











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# 

#### LEARNING OBJECTIVES

**1. Understand trends** that have either emerged or grown as a result of the pandemic which are impacting the delivery of healthcare, such as telehealth, provider burn-out, and public behavior

**2. Discuss design impacts** resulting from these trends and how they must continue to evolve in the future.

**3. Explore opportunities and innovations in construction** that have evolved as a result of the pandemic, such as modular/prefab construction and pop-up buildings.

**4. Review case study** of an existing ICU and how it evolved throughout the pandemic, and draw from it's conclusion on how to better prepare for the future.

# WHY



#### **ENDEMIC WORKER SHORTAGE** PROJECTIONS FROM 2017

Figure 1. Healthcare Occupations With Projected Supply Gaps Through 2025

Occupation	Growth	New job openings by 2025	Expected workforce gap by 2025
Home health aides	32%	423,200	-446,300
Nursing assistants	16%	407,396	-95,000
Medical and clinical lab technologists	13%	49,400	-58,700
Medical and lab technicians	18%	60,717	-40,000
Nurse practitioners	30%	51,445	-29,400
Physicians and surgeons, all other	16%	102,970	-11,000

Citation: Demand for Healthcare Workers Will Outpace Supply by 2025: An analysis of the US Healthcare Labor Market - Mercer

### PANDEMIC-INDUCED BURNOUT



Nearly 1 in 5 have quit their jobs



46% of say the pandemic has negatively impacted their mental health and their personal lives



79% of say they've been affected by the shortage

#### **PANDEMIC-INDUCED BURNOUT**

#### Pandemic Is a Top Reason Medical Workers Were Laid Off or Quit Since Early 2020

Health care workers said the following reasons are why they guit or were laid off since mid-February 2020:



MORNING CONSULT

Poll conducted Sept. 2-8, 2021, among 268 U.S. health care workers who have been laid off or quit their jobs since Feb. 15, 2020, with a margin of error of +/-6%.

### PANDEMIC-INDUCED BURNOUT

As the situation escalates, nurses are leaving hospital settings or the profession altogether in record numbers. The sustained and extreme demands of caring for unvaccinated, hospitalized patients are taking their toll. A recent AACN survey of more than 6,000 acute and critical care nurses quantified the impact of the past 18 months on the profession:

- 92% of nurses surveyed said they believe the pandemic has depleted nurses at their hospitals and, as a result, their careers will be shorter than they intended
- 66% feel their experiences during the pandemic have caused them to consider leaving nursing
- 76% say that people who have yet to be vaccinated threaten nurses' physical and mental well-being
- 67% believe taking care of patients with COVID-19 puts their own families' health at risk

#### AMERICAN ASSOCIATION of CRITICAL-CARE NURSES

#### **ENDEMIC WORKER SHORTAGE**



Source: Altarum analysis of monthly BLS Current Employment Statistics data.

#### **ENDEMIC WORKER SHORTAGE**

Figure 3. Registered Nurses - Projected Workforce Gaps and Surpluses by 2025 (by State)



Citation: Demand for Healthcare Workers Will Outpace Supply by 2025: An analysis of the US Healthcare Labor Market - Mercer

Georgia's August University Medical center has seen up to 20-30 resignations a week...



**BUILDING RESILIENCY** 

## **TYPES OF TELEHEALTH**









Live Video

Asynchronous

Remote Patient Monitoring **Mobile Health** 

#### **TELEHEALTH USE**

#### Growth in telehealth usage peaked during April 2020 but has since stabilized.



Telehealth claims volumes, compared to pre-Covid-19 levels (February 2020 = 1)<sup>1</sup>

<sup>1</sup> Includes cardiology, dental/oral, dermatology, endocrinology, ENT medicine, gastroenterology, general medicine, general surgery, gynecology, hematology, infectious diseases, neonatal, nephrology, neurological medicine, neurosurgery, oncology, ophthalmology, orthopedic surgery, poisoning/drug tox./comp. of TX, psychiatry, pulmonary medicine, rheumatology, substance use disorder treatment, urology. Also includes only evaluation and management visits; excludes emergency department, hospital inpatient, and physiatry inpatient claims; excludes certain low-volume specialties. Source: Compile database; McKinsey analysis

#### **TELEHEALTH USE**

Substantial variation exists in share of telehealth claims across specialities.

Share of telehealth of outpatient and office visit claims by specialty (February 2021'), %



#### **TELEHEALTH USE** PATIENTS

# **78%** Satisfied with their care

40% Continue to use telehealth 46% Safety 80% Receive the same level of care 86% Easier to get care

#### TELEHEALTH USE PHYSICIANS

# **84%** Currently offering virtual visits

57% Prefer to continue	60% Easy to use	50% Improved satisfaction	68% Would like to increase
offering			use
virtual care			

#### **TELEHEALTH INVESTMENT**

Investment in digital health and the revenues of telehealth players almost doubled compared to 2019.



<sup>1</sup>p.a., per annum.

Source: Adriana Krasniansky et al., "H1 2021 Digital Health Funding: Another Blockbuster Year...In Six Months," Rock Health, July 2021, rockhealth.com; McKinsey virtual health vendor database

# **TELEHEALTH BENEFITS**

- Time
  - » Less time off work
  - » Shorter visits = more patients
- Comfort
- No travel/transportation req'd
- Improved outcomes
- Cost savings
- Expanded access



# LACK OF ACCESS - TECHNOLOGY

- Difficulty accessing online portals
  - » Skill level
  - » Confusion
  - » Language Barriers
  - » Lack of access to devices
- Broadband access
- Reimbursement
- Medical Errors
- Patient Privacy
- Licensing
- Loss of personal connection



#### LACK OF ACCESS - PHYSICAL



#### **PUBLIC BEHAVIOR**



**Vaccination Impacts** 







**Social Distancing** 



#### **ACUITY ADAPTABILITY**



#### BUILDINGS DEPARTMENTS SOFT SPACE ROOMS

# SMALL SCALE

- PPE easily accessible
- Hand sanitizer everywhere
- Plexiglass barriers
- Touchless as much as possible; pre-registration and/or touchless check-in
- Paper towels, no blowers
- Increased scrutiny of infection control strategies



### **SMART INTERIORS**











DIGITAL FABRICATION

WEARABLE TECHNOLOGY

TECHNOLOGY IN PATIENT ROOMS

TOUCH-FREE CONTROLS

ANTI-MICROBIAL MATERIALS

# MEDIUM SCALE

- Longer queuing or waiting in cars
- Larger vestibules for screening, or outdoor space
- Changes to HVAC
- Technology advances
  - » Some increases in SF (ie. IT and server space)



## LARGE SCALE

- Technology advances
  - » Reduction in overall facility SF due to telehealth
- Drive thru clinics and testing sites
- Segregation:
  - » Sick and well patients
  - » Staff and patient flows







Staff

Physician / Provider

#### SEGREGATED FLOWS



Exterior Windows

# CONSTRUCTION INNOVATION



#### CHALLENGES UPRECENDENTED PRICE ESCALATION

#### **12 MONTH RATE OF CHANGE IN BCI**



#### CHALLENGES SUPPLY CHAIN DISRUPTION

Material	Pre-Pandemic Normal	Current	Material	Pre-Pandemic Normal	Current
Structural Steel	6-8 weeks	20-24 weeks	Insulated Metal Panels	10-12 weeks	24-30 weeks
Chillers	14-16 weeks	8-20 weeks	Custom Air Handling Units	18-20 weeks	24-36 weeks
Steam Boilers	12-16 weeks	21-23 weeks	Electrical Transfer Switches	16-18 weeks	30-35 weeks
Variable Air Volume Boxes	6-8 weeks	8 weeks	Steel Joist	8-10 weeks	38-40 weeks
Emergency Generators	16-20 weeks	44-46 weeks	Metal Decking	4-6 weeks	38-44 weeks
Packaged RTUs	10-12 weeks	6-20 weeks	Curtain Wall / Glazing	4-6 weeks	7-8 weeks
Terrazzo Epoxy Coatings	3-5 weeks	6-8 weeks	Roofing Polyiso Board	1-2 weeks	35-40 weeks
Hygienic Tubing	8-10 weeks	40-44 weeks	Roofing Sheet Metal	4-6 weeks	8-12 weeks
PVC-Plastic Piping / Fittings	1 week	4-6 weeks	Solid Core Doors	8-10 weeks	20 weeks
Unit Substations	12-14 weeks	38-44 weeks	Lighting Fixtures	4-6 weeks	4-12 weeks
Distribution Switchgear	12-14 weeks	16-36 weeks	Pump Packages	6-8 weeks	8-10 weeks
Distribution Switchboards	12-14 weeks	24-40 weeks	Cast Stone Special Shapes/Panels	8-10 weeks	8-9 weeks
Mineral Wool	4-6 weeks	26-30 weeks	Wall Protection and Specialties	4-6 weeks	1-8 weeks
Cooling Towers	12-14 weeks	18-20 weeks	Reinforcing Steel	3-5 weeks	5-7 weeks
#### CHALLENGES SKILLED LABOR SHORTAGE

# **NULLON+** Skilled Labor Workers Lost During Industry Shut Down Last Year



#### CHALLENGES HEALTHCARE CONSTRUCTION BOOM

# **20/0** INCREASE PROJECTED THIS YEAR

TRANG **6% INCREASE** IN 2022

Source: FMI

#### SOLUTIONS AND IDEAS EARLY INTEGRATED TEAM APPROACH

DANIS INTEGRATED TEAM APPROACH

#### 01 PLAN

#### **PLAN** PHASE

Aligning an integrated team early around a project execution plan.

#### 02 CREATE

#### **CREATE** PHASE

Collaborative design approach that yields maximum value while advancing designs under target costs and on schedule.

#### 03 BUILD

#### **BUILD** PHASE

Execution of the client's vision, target cost, and schedule.

#### SOLUTIONS AND IDEAS DESIGN ASSIST PARTNERS

#### **BEYOND MEP, MUST INCLUDE:**

- Envelope
- Structure
- Select Interior Assemblies

## **SECURES** LABOR EARLY

#### **SECURES** MATERIALS EARLY



# SOLUTIONS AND IDEAS

# **INTEGRATED TEAM ALIGNMENT** IS CRITICAL

# **LEVERAGE CREATIVITY & INNOVATION** TO SOLVE CHALLENGES

#### SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION HOW



PROCURE DESIGN ASSIST PARTNERS

# DESIGN & IC INTEGRATION

#### SOLUTIONS AND IDEAS DESIGN ASSIST PARTNERS

#### **BEYOND MEP, MUST INCLUDE:**

- Envelope
- Structure
- Select Interior Assemblies

#### **SECURES** LABOR EARLY

# **SECURES** MATERIALS EARLY

#### **ENABLES** INDUSTRIALIZED CONSTRUCTION

# SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION WHY

VALUE	PRE-PANDEMIC TRADITIONAL PREFAB	PANDEMIC IC MASTER PLAN
Schedule		
Better Quality		
Safer		
Weather Conditions		
Critical Activities Simultaneously		
Better Trade Coordination		
Less Waste		
Labor Shortage		
Escalation Hedging		
Cost Savings - Avoidance		
Multi-Trade Assemblies		
Supply Chain - Early Procurements		

# SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION MEPF HORIZONTAL RACKING





# SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION MEPF HORIZONTAL RACKING



# SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION UNDERSLAB UTILITIES



# SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION EXTERIOR WALL ASSEMBLIES







# SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION SOFFIT ASSEMBLIES







# SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION HEADWALL ASSEMBLIES



# SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION MULTI-TRADE INTERIOR WALL ASSEMBLIES



# SOLUTIONS AND IDEAS ON-SITE INDUSTRIALIZED CONSTRUCTION WHY

	PRE-PANDEMIC TRADITIONAL PREFAB	PANDEMIC IC MASTER PLAN	PANDEMIC ONSITE IC CENTER
Schedule			
Better Quality			
Safer			
Weather Conditions			
Critical Activities Simultaneously			
Better Trade Coordination			
Less Waste			
Labor Shortage			
Escalation Hedging			
Cost Savings - Avoidance			
Multi-Trade Assemblies			
Supply Chain - Early Procurements			
Keep Workers Local			
Sustainable			
Guarantees Manpower			
Vaccine			
Eliminate Trucking Shortage & Delays			
AHJ Approval			
Removes Shipping Limiters			
Level Management			
Enhanced Level Skilled Trades			
Allows More Innovation to Happen			

# SOLUTIONS AND IDEAS ON-SITE INDUSTRIALIZED CONSTRUCTION HOW



SOLUTIONS AND IDEAS INDUSTRIALIZED CONSTRUCTION EXECUTION

- FACILITY & TOOLINGTECHNIQUES
- METRICS FOR CARE
- TAKT SCHEDULING
- SOLUTIONS & VALUE ADD



# UNIVERSITY OF KENTUCKY PAVILION A 12<sup>TH</sup> FLOOR MICU FIT OUT



# **GUIDING PRINCIPLES**



# **GUIDING PRINCIPLES**



#### **COMPONENTS OF FLEXIBILITY**



#### PANDEMIC PROMPTS FLEXIBLE DESIGN

\*SOURCE: The Center for Advanced Design Research and Evaluation (CADRE) produced "FLEXX: a study of flexibility in outpatient setting"

# PAVILION A: INCORPORATED PROGRAM ADAPTABLE SPACES



# PAVILION A: EXPAND FLEXIBLE THINKING?



#### VERSATILITY

- PALLIATIVE CARE ROOMS
- FAMILY/CONNECTING ROOMS
- WAITING ROOM/BUSINESS CENTER



#### MODIFIABILITY

- RESIDENT WORKROOMS
  BECOME LABS IF NEEDED
- WORKROOMS CAN BE MODIFIED FOR INCREASED STAFF

# **C**OI

#### CONVERTIBILITY

- LOCKER ROOMS CONVERT TO DON/DOFF ROOMS
- DOUBLE OCCUPANCY
  ADD GASES



#### SCALABILITY

- CREATE ANTE ROOMS
- MINOR RENOVATIONS TO INCORPORATE NEW SERVICES



# DESIGN OPPORTUNITIES

#### **DESIGN OPPORTUNITIES**



#### BOLSTERING RESISTANCE TO PATHOGENS

- touch free controls
- anti-microbial finishes
- enhanced cleaning



#### SAFETY AND ACCESS CONTROL

- ante rooms
- equipment and supply
- use of technology
- Increased visibility



#### **DESIGN OPPORTUNITIES**



#### **BUILDING SYSTEMS**

- hepa filter
- medical gases
- Supply



#### PATIENT & STAFF SUPPORT

- access to resources
- respite
- remote monitoring, eICU



#### PROCESSES AND FLOW

- donning and doffing
- equipment storage and access
- traffic patterns







#### PROCESSES AND FLOW

- equipment storage and access
  - corridor PPE cabinets on 11<sup>th</sup> and 5<sup>th</sup> floor
- traffic patterns 🔘 🔘
- donning and doffing

#### AREAS THAT COULD FLEX

- corridor function
  - equipment & supply storage O
  - traffic patterns
  - separate in/out flows 🔘
- donning and doffing, next slide







#### SAFETY AND ACCESS CONTROL

- patient visibility
  - windows at corridor charting igodot
  - glass doors into patient rooms
    - ICU rooms
  - windows in wood doors
    - Progressive and acute rooms
- 🔹 remote monitoring 🤘

#### BUILT-IN SAFETY AND CONTROL

- ability to lock down each unit
  - Limit access to units
  - aiphones





#### BUILDING SYSTEMS AND EQUIPMENT

- negative isolation rooms
- positive pressure rooms
- additional exhaust or outside air, 5<sup>th</sup> floor adaptation
- all rooms in Pav A meet FGI guidelines for critical care with number of med gas & electrical outlets

#### BUILT-IN ADDITIONAL SYSTEM CONTROLS

- ability to switch entire tower to negative isolation
- 12<sup>th</sup> floor ability to open to outside air





#### PATIENT AND STAFF SUPPORT

- Program adaptable space
- access to resources
- respite
- remote monitoring
- elCU

#### AREAS THAT COULD FLEX

• create more staff respite on the unit







# **EXAMPLES OF**DESIGN OPPORTUNITIES

#### DESIGN OPPORTUNITIES: WORKSPACE WITH HIGH VISIBILITY

PATIENT

STAFF 📃

STAFF SUPPORT

BLDG STRUCTURE




## 12th FLOOR MICU: SPACE PROGRAM – DETAIL ON WORKROOM



#### **PROGRAM ELEMENTS:**

- Workrooms (4 per floor)
  - Provider Team 11 PER WORKROOM

4 Attending | Fellow: 2 workspaces per workroom

- **B** Residents: 7 workspaces per workroom
- **c** Nursing Care Tech: 1 workspaces per workroom
- Unit Clerk: 1 per tower
- Consultative Team 5 PER WORKROOM
  - **4** RT: 2 workspaces per workroom
  - **4 E** Pharmacist: 2 workspaces per workroom
  - Pharm Tech:1 workspaces per workroom
- Open Workstations or Collaborative Space 4/WR
  - **4 G** Open : 4 workspaces per workroom

## DESIGN OPPORTUNITIES: WORKSPACE WITH HIGH VISIBILITY



# WORKROOMS

## DESIGN OPPORTUNITIES: STAFF RESPITE, BREAK, AND STORAGE



Respite allows one to rejuvenate. Respite is also a brief escape form a difficult situation. It promotes solitude and individual time to reflect and organize one's thoughts and feelings. Respite is essential to one's wellness, and respite spaces are essential to the healthcare environment.

Healthcare systems promote healing and wellness, and provide extra services to promote health, healthy lifestyles, and spaces to make patients feel healthier and fresh. Respites Spaces are one of these spaces. Essential elements of respite spaces can include shielding that gives a sense of security, components that promote relaxation and free-flowing ideas, along with objects that create appeal or comfort.

# STAFF RESPITE

## DESIGN OPPORTUNITIES: STAFF RESPITE, BREAK, AND STORAGE



12<sup>TH</sup> FLOOR MICU: **STAFF RESPITE LOCATIONS** 



"where occupants of the facility may go to *recharge and refocus*"

Graham, L., & Fain, C. (2007). "Places of Respite": Designing Healing Experiences for Staff, Patients, and Visitors in Healthcare Facilities. *International Journal of the Humanities*, 5(4).



## DESIGN OPPORTUNITIES: **PRIVATE SPACES**



Private Space for staff and family consultation.

The design will provide opportunities for private consult rooms in waiting area to prompt dying with dignity conversations and provide space for private conversations between the staff and the patient's families.

Palliative care is an interprofessional specialty as well as an approach to care by all clinicians caring for patients with serious and complex illness and is an essential component of comprehensive care for critically ill patients from the time of ICU admission. It is important to provide private spaces that promote DIGNITY, COMFORT, and SERENITY.



## DESIGN OPPORTUNITIES: eICU, TECHNOLOGY, AND PATIENT CARE

#### **BEDSIDE PATIENT CARE**



#### **REMOTE PATIENT CARE**



#### **NEARBY PATIENT CARE**



#### TECHNOLOGY CONSIDERATIONS:

Technologies will be reviewed to enhance the patient care environment with the goal of reducing the physical interaction between the patient and the caregiver, decrease alarm fatigue, minimize the workflow, and reduce operational costs. These enhancements could include the following:

- Patient Monitoring and Ventilators could be operated outside the room if necessary.
- Ventilators could have the ability to be reviewed anywhere within the hospital remotely.
- EICU and the Video monitoring system will be reviewed for effectiveness and redundancies.
- Nurse call, Patient Monitoring, and Ventilator alarm review.
- Digital Patient Information Boards with interfaces to clinical and nurse call systems

## **FLEXIBLE SCALABLE SCENARIOS**

Process and Flows

PPE – Donning/Doffing Supply Delivery and Removal Flow Access to resources



AT THE PATIENT ROOM



DONNING AND DOFFING HALF TOWER SCENERIO £

## DESIGN OPPORTUNITIES: FLEXIBLE CORRIDOR





SCALABILITY



	]]
C	7 1

#### CONVERTIBILITY

Adapts a space for new a use while keeping the base building the same. Planning is required for future changes. Convert or change the 3'-0" flex zone. Today PPE cabinet... next year storage cabinet... following year equipment

#### WHY A FLEXIBLE CORRIDOR

- Creates flexible use of the corridor for a future crisis
- Use of flexible, removable modular casework solutions to provide space in corridor for medical equipment during crisis
- Continue remote monitoring
- Expanded use of the corridor for rounding or collaboration

## DESIGN OPPORTUNITIES: FLEXIBLE CORRIDOR

# FLEXIBLE CORRIDOR DIFFERENCES:

- 1 Change to ICU sliders in lieu of bi-fold
- 2 Straight demising wall between corridor and patient rooms
- ③ PPE cabinets in corridor between rooms on rails. Add additional cabinets as needed. Hamper shown below cabinet.
- 4 Additional Equipment outside room
- 5 Modular headwall with removable panels and access into headwall. Provide controls in corridor.
- 6 Decentralized Nurse Station casework on rails. Flexible.
- $\overline{7}$  Lose storage cabinet inside room
- Patient Rooms are 18 SF smaller.
  Minimum critical care room is 250 SF



FLEXIBLE CORRIDOR



# KEY TAKE-AWAYS

# IN SUMMARY

1. The pandemic is the perfect opportunity to **drive innovation** in both design and construction.

2. Changes at the **system and policy level** are necessary to make a lasting impact.

It is time to move beyond traditional design-build and prefab to
 Industrialized Construction.

4. **Flexibility and acuity adaptability** through multiple facets will be even more important going forward.

5. Fully understand your client's **operational flows** through observation and gemba walks.

6. Use a **data-driven process** to support your recommendations.





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# THANK YOU.